

Bob Prince Open

Vermillion, SD – March 23, 2010

Location: The meet will be held at the Dakota Dome.

Departure: The bus will leave at 2:30 p.m. Athletes are dismissed at 2:09.

Meals: We will not provide any meals for this trip. You will need to bring your own supper as the meet starts at 5 p.m. and won't be over until 9:30-10 p.m.

Arrival: We should arrive back at Roosevelt at approx. 11:00 p.m.

Emergency #: Coach Wagoner: 605-838-5149

Remember:

- § Jersey/Shorts
- § Training Shoes/Spikes
- § RHS Track and Field Shirt
- § Water bottle
- § Warm-up Pants/Jackets

Thought for the Meet: Focus on bringing our group of individuals together as a team and being successful together. Cheer on each and everyone of your teammates.

TAKE A MOMENT TO LOOK THROUGH YOUR TRACK BOOK AT THE TRACK AND FIELD ETIQUETTE BEFORE THE MEET.